

Title	<b><i>Instrumental Practice</i></b>
Target Group	Standard 3
<i>Aspects of this Music Starter have been developed into the Worked For Me ... unit plan</i>	
<b>Have you done your practice yet?</b>	
Starting Point	<ul style="list-style-type: none"> <li>• Combined Primary Band Schools Program</li> </ul>
Possible Throughlines	<ul style="list-style-type: none"> <li>• Is there a best way to practise?</li> </ul>
Challenges	<ul style="list-style-type: none"> <li>• Why do we need to practise?</li> <li>• How could we make practice more fun?</li> </ul>
What If?	<ul style="list-style-type: none"> <li>• We kept a log of our practice habits</li> <li>• We created a practice plan</li> <li>• We knew what we had to practise each session</li> <li>• We created a reward system for excellent practice technique</li> <li>• A performer of the week certificate was issued. What would a person need to do to receive it?</li> <li>• Famous quotations were used as motivational strategies</li> <li>• We created a repertoire of exciting practice strategies: <ul style="list-style-type: none"> <li>○ <i>Practice order sheet</i></li> <li>○ <i>Scale chart</i></li> <li>○ <i>Stickers, stickers, stickers</i></li> <li>○ <i>The 'golden pencil'</i></li> <li>○ <i>Roll the dice</i></li> <li>○ <i>Pick a card</i></li> <li>○ <i>Random rehearse</i></li> <li>○ <i>Chance cards</i></li> <li>○ <i>Hard bits night</i></li> </ul> </li> </ul>
Transdisciplinary Potential	<ul style="list-style-type: none"> <li>• Health and Wellbeing</li> </ul>
Related Repertoire	<ul style="list-style-type: none"> <li>• <i>Have you done your Practice yet?</i> Ashton Scholastic</li> </ul>
Assessment Possibilities	<ul style="list-style-type: none"> <li>• Increases / improves instrumental skills throughout the unit</li> <li>• Produces evidence of effective practice technique</li> <li>• Articulates deficits in their personal practice routine and implements strategies to improve</li> </ul>